

## TOP NINE

# Food Allergens

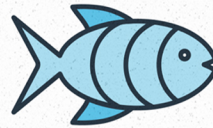
These 9 foods account for the largest percentage of food allergy reactions in the United States.



Dairy



Eggs



Fish



Shellfish



Soy



Sesame



Wheat



Peanuts



Tree Nuts

**WebstaurantStore**

The information provided here does not, and is not intended to, constitute legal or medical advice. For persons with allergies, always check the ingredient labels and allergy advisories on individual products to be certain that the food item is free of allergens. Refer to the FDA website for the most up-to-date information on food labeling, allergens, and ingredients.