



## Item Info

Item Number

**576030**

Item Description

**Natural Oatmeal, Cinnamon Apple 10lb**

Brand

**Bulk Foods Inc.**

Pack Size

**10lb**

Product Class

**Flavored Oatmeal**

Country Of Origin

**United States**

Case UPC

**00718531602548**

Retail UPC

**718531602548**

PLU

**54927**

## Mixing Instructions

## Item Specifications

Gluten Free

**No**

Kosher

**No**

Organic

**No**

## Item Ingredients

Oats, Raw Cane Sugar, Diced Apples, Whole Milk Powder, Non-GMO Expeller Pressed Canola Oil, Ground Cinnamon, Dehydrated Sweet Cream (sweet cream solids(MILK)), Natural Non-GMO Natural Sweet Fuji Apple Flavor, Real Salt® (unrefined mineral sea salt), Natural Butter Flavor (Non-GMO maltodextrin, sea salt, butter powder (butter (cream, salt), dry buttermilk), buttermilk, natural butter flavor, Non-GMO expeller pressed canola oil, natural beta carotene coloring), Citric Acid, Ascorbic Acid (vitamin C), Ground Cloves. Contains Milk. Processed on equipment that also processes: Crustacean Shellfish, Egg, Fish, Milk, Peanut, Soy, Tree Nuts (Almond, Brazil Nut, Cashew, Coconut, Filbert (Hazelnut), Macadamia Nut, Pecan, Pine Nut, Pistachio, Walnut) and Wheat.

# Nutrition Facts

Serving Size 1/2 cup (dry) (55g)

Servings Per Container Varied

Amount Per Serving

Calories 220

Calories From Fat 45

% Daily Value\*

Total Fat 5g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 170mg 7%

Potassium 140mg 4%

Total Carbohydrate 39g 13%

Dietary Fiber 5g 20%

Sugars 13g

Sugar Alcohol 0g

Protein 5g

Vitamin A 0%

Vitamin C 80%

Calcium 4%

Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4