



EARTH LIFE FOODS®

DELICIOUSLY DIFFERENT

Plant-Based Corn Dogs

CHOLESTEROL FREE ✓

NO NITRITES OR NITRATES ADDED ✓

NO ARTIFICIAL COLORS ✓



Bulk and Retail Packaging

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Product Name	Earth Life Foods Plant Based Corn Dogs Bulk
Product #	1003
GTIN-12 (U.P.C.)	860010744628
Corn Dogs per Case	40
Case Net Weight	6.25#
GTIN-14	00860010744628
Case Dimensions (HxWxL)	3.5"x10.25x15.5
Case Cube	0.3218
TI/HI	10/10 – 100 cases per pallet

Cooking Instructions

Keep frozen until ready to use. Cook to a minimum internal temperature of 165 degrees F.

Air Fryer (Recommended)

- 1) Preheat air fryer to 350°F.
- 2) Place frozen corn dog(s) into air fryer and cook thoroughly turning halfway through.
 - 1-2 corn dog(s): 12-14 minutes
 - 3-4 corn dog(s): 14-16 minutes
- 3) Let corn dog(s) rest 3 minutes.

Oven

- 1) Preheat oven to 375°F.
- 2) Place frozen corn dog(s) on baking sheet and bake for 25 minutes turning halfway through.
- 3) Let corn dog(s) rest 3 minutes.

Microwave

- 1) Place frozen corn dog(s) on a microwave safe plate.
- 2) Microwave on HIGH until cooked thoroughly turning halfway through.

1 corn dog:	1-1.5 minutes	2 corn dogs:	2-2.5 minutes
3 corn dogs:	3-3.5 minutes	4 corn dogs:	3.5-4 minutes
- 3) Let corn dog(s) rest 3 minutes.

*Cooking instructions developed using 950-watt microwave.
Appliances vary and cooking times may need to be adjusted.

Nutrition Facts		Amount/serving		% Daily Value*	
4 servings per container		Total Fat 2g		3%	
Serving size 1 Corn Dog (71g)		Saturated Fat 0g		0%	
Calories 140		Trans Fat 0g			
per serving		Polyunsaturated Fat 0g			
		Monounsaturated Fat 0g			
		Cholesterol 0mg		0%	
		Sodium 510mg		22%	
		Vitamin D 0mcg		0%	
		Potassium 41mg		0%	
		Calcium 18mg		2%	
		Iron 1mg		6%	
		Total Carbohydrate 18g		7%	
		Dietary Fiber 0g		0%	
		Total Sugars 6g			
		Includes 6g Added Sugars		12%	
		Sugar Alcohol 0g			
		Protein 8g		16%	

INGREDIENTS: WATER, WHEAT FLOUR, SUGAR, WHEAT GLUTEN, CORNMEAL, CORN FLOUR, SOY PROTEIN ISOLATE, DEXTROSE, SOYBEAN OIL, SALT, NATURAL FLAVOR, SEASONING (SALT, DEXTROSE, ONION POWDER, SPICES, GARLIC POWDER, HYDROLYZED TORULA YEAST AND YEAST POWDERS, SILICON DIOXIDE (PROCESS AID)), CELLULOSE GUM, CARRAGEENAN, XANTHAN GUM, SODIUM ACID PYROPHOSPHATE, GARLIC POWDER, ONION POWDER, SODIUM BICARBONATE, SPICE, YEAST EXTRACT, YEAST, FERMENTED RICE FLOUR, DIPOSSASSIUM PHOSPHATE. CONTAINS: SOY, WHEAT.

†Regular frozen corn dogs contain 9g total fat per serving(75g). Earth Life Foods Plant-Based Corn Dogs contain 2g total fat per serving (71g).