



Revised By: ddavidson

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Bob's Red Mill Natural Foods

Product Specifications:

Product Name: 10 Grain Pancake/Waffle Mix 25 lb

Product Number: P101286

Product Description: 10 GRAIN PANCAKE/WAFFLE MIX is made from a blend of different flours, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Whole Wheat Flour, 10 Grain Flour (Whole Wheat Flour, Whole Grain Triticale Flour, Whole Grain Corn Flour, Whole Grain Organic Dark Rye Flour, Whole Grain Oat Flour, Whole Grain Millet Flour, Barley Flour, Whole Grain Brown Rice Flour, Whole Grain Sorghum Flour, Whole Grain Spelt Flour, Flaxseed Meal), Buttermilk Powder, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Whole Grain Oats, Salt, Baking Soda.

Allergen List: Milk, Wheat.

Physical Properties:

Appearance: Off white to tan fine flour

Aroma: Clean, typical of wheat with no rancid or off-odors

Flavor: Clean, typical of wheat with no rancid or undesirable flavors

Nutrition Facts	
Serving size	100g
Amount per serving	
Calories	358.26
% Daily Value*	
Total Fat 2.44g	3%
Saturated Fat 0.84g	4%
Trans Fat 0.02g	
Cholesterol 7.85mg	3%
Sodium 1977.95mg	86%
Total Carbohydrate 70.23g	26%
Dietary Fiber 7.80g	31%
Total Sugars 6.18g	
Includes 0.00g Added Sugars	0%
Protein 13.83g	
Vitamin D 0.00mcg	
Calcium 172.98mg	
Iron 2.86mg	
Potassium 496.76mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Certifications:

Kosher Certification: OK Kosher Certification of Brooklyn, New York

Non-GMO Certification:

Audit Certification: SQF Food Safety Code: Food Manufacturing, ed. 9

Organic Certification:

Gluten Free Certification:

Fair Trade Certified:

Country of Origin: USA