

Nutrition Information:

Serving Size:	1 bun=1.	Servings / Container:	12	Calories:	140
Fat Calories:		Total Fat:	2 g	Saturated Fat:	0 g
Polyunsaturated Fat:	1 g	Monounsaturated Fat:	1 g	Cholesterol:	0 mg
Sodium:	230 mg	Total Carbohydrate:	27 g	Total Dietary Fiber:	<1 g
Sugars:	4 g	Protein:	5 g	Vitamin A:	
Vitamin C:		Calcium:	4%	Iron:	2%
Thiamin:	4%	Niacin:	2%	Riboflavin:	0%
Moisture:		Ash:		Trans Fat:	0 g
				Net Carbs:	

Ingredients Statement:

Flour (Wheat, Malted Barley), Water, Sugar, Soybean Oil, Yeast, Contains less than 2% of each of the following: Salt, Wheat Gluten, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sunflower Lecithin, Ascorbic Acid, Enzymes, Calcium Sulfate, Calcium Peroxide, Calcium Propionate (preservative).
Topping: Poppy Seeds, Water, Vegetable Protein (Pea), Vegetable Oil (Canola), Dextrose, Maltodextrin, Starch
Contains: Wheat

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