



Initial Author: JoAnn Macik	Riverhead Garbanzo Beans (Chickpeas)-8mm
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Effective Date: 08/02/2023	Supersedes Date: 04/07/2023



**Description:** Sometimes known as chickpeas, garbanzos are medium to small, light brown color, dried legumes of the *Cicer arietinum* plant. Size 8mm.

**Ingredients:** GARBANZO BEANS

**Allergen Information:** Garbanzo beans do not contain allergens.

**Country of Origin:** USA or Canada

**Storage:** Store beans in a sealed package or airtight container in a cool, dry place.

**Packaging:**

50 lb. polywoven bags  
Gross weight 50.2 lbs.  
30" x 18" x 5"  
50 bags per full pallet

**Lot Code Interpretation/Date of Packaging:**

JJJYY- where JJJ is the Julian date of the year and YY is the last 2 digits of the year.

**Bioengineered Statement:** Product is not bioengineered.

**Kosher Status:** Kosher Pareve - Orthodox Union.

**Food Safety:** All products are produced in accordance with food safety regulations outlined in 21CFR.

**Identified Hazards:** Metro Commodities, Inc. hereby notifies Customer, pursuant to 21 CFR 117.136, that products supplied are not processed to control microbiological pathogens and are not ready to eat or suitable for use in ready to eat applications without further processing. This notification applies to all products and will remain in effect unless notified in writing by Metro Commodities, Inc.

**Physical Characteristics**

Moisture	16.0% Maximum
Total Damaged	2.0% Maximum
Foreign Material (naturally occurring)	0.5% Maximum (including 0.2% stones)
Contrasting Classes	0.5% Maximum

# Nutrition Facts

About 453 servings per 50 lb. container

**Serving Size** 1/4c dry (50g)

Amount per serving

**Calories** **180**

% Daily Value\*

**Total Fat** 3g **4%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** 30g **11%**

Dietary Fiber 6g **21%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

**Protein** 10g

Vitamin D 0mcg **0%**

Calcium 28mg **2%**

Iron 2mg **10%**

Potassium 360mg **8%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.