

Les vergers Boiron and you

You have a passion for taste and authenticity. The customer delight gives real meaning to your job.

For you, Les vergers Boiron manufacture outstanding fruit solutions. Frozen fruit and vegetable purees, concentrated preparation, coulis, whole fruit, our family-run company located in France have been sharing its expertise with you all over the world for more than 75 years.

Our inimitably diverse and distinctive products, as well as our services, support your talent and efficiency, from the signature dish to the 'a la minute' food preparation.

This technical information and recipes ideas from Meilleurs Ouvriers de France will guide you in preparing your finest creations.





Hot sauces

Sub-families	Name	Purees and specialities	Ingredients		
			Stock / Cream / Milk	Wine / Vinegar	Other ingredients
	Grand veneur	Redcurrant 250 g	Game stock 100 cl Cream	Red wine 25 cl	Porto
	Bigarrade	Blood Orange 100 % 250 g	Dark duck stock 100 cl	White wine 25 cl	Orange peel Sugar Butter
Brown sauces	Gastrique sauce with morello cherries	Morello cherry 250 g	Dark stock 25 cl	Sherry vinegar 20 cl	Sugar 500 g
	Gastrique sauce with figs	Fig 100 % 250 g	Dark stock 25 cl	Sherry vinegar 20 cl	Sugar 500 g
	Gastrique sauce with blood peaches	Blood Peache 250 g	Dark stock 20 cl	Raspberry vinegar 20 cl	Sugar 500 g
	Strogonoff	Red pepper 100 % 500 g	Dark veal stock 100 cl	Red wine 20 cl	Paprika Mustard Strips of pepper
Béchamel sauces	Pumpkin soufflé	Pumpkin 100 % 300 g	Milk 50 cl		Butter 100 g Flour 100 g
	Pepper goujonette	Red pepper 100 % 300 g	Milk 50 cl		Butter 100 g Flour 100 g Puff pastry

Cold sauces

	Name	Purees and specialities	Ingredients			
Sub-families			Oil	Vinegar/Wine/ Cider	Other ingredients	
	with lingonberry	IQF Lingonberries (mixed) 150 g	Groundnut oil 40cl	Raspberry vinegar 20 cl	Mustard 20 g	
	with figs	Fig 100 % 250 g	Grape seed oil 40 cl	Balsamic vinegar 10 cl		
Dressings	with pink grapefruit	Pink Grapefruit 100 % 300 g	Grape seed oil 40 cl	Red wine 10 cl		
	with lemon and honey	Lemon 100 % 150 g	Olive oil 40 cl	Red wine 10 cl	Honey 40 g Mustard 20 g	
	with pineapple	Pineapple 100 % 500 g	Olive oil 40 cl	Red wine 20 cl		
	with red pepper	Red pepper 100 % 150 g	Olive oil 150 cl	Balsamic vinegar 10 cl	Chives 2 egg yolks Mustard 20 g	
Flavoured	with blackcurrant	Blackcurrant 150 g	Grape seed oil 150 cl	Cider 10 cl	2 egg yolks Mustard 20 g	
mayonnaises	with orange	Blood Orange 100 % 100 g	Olive oil 10 cl	Red wine 5 cl	2 egg yolks Mustard 20 g	
	with morello cherries	Morello cherry 150 g	Grape seed oil 150 cl	Raspberry vinegar 10 cl	Cognac 2 egg yolks	
Emulsions	with red pepper*	Red pepper 100 % 250 g			Cream 70 cl Mixed chorizo	
	with chestnut and vanilla*	Chestnut & Vanilla 200 g			Cream 80 cl	
	with pumpkin and mandarin*	Pumpkin 100 % 200 g Mandarin 100 % 120 g			Cream 65 cl	
	with fig and foie gras*	Fig 100 % 150 g			Cream 65 cl 3 egg whites Mixed Foie gras 80 g	
	Lemongrass espuma*	Lemongrass 250 g			8 egg whites 100 g sugar	

^{*} Prepared using a siphon

Terrines and mousses

Sub-families	Name	Purees and specialities	Ingredients			
			Eggs	Cream	Other ingredients	
Terrines	Pepper and ricotta terrine	Red pepper 100 % 500 g		20 cl	Ricotta 1 kg 18 sheets of gelatine	
	Vegetable Terrine*	Red pepper 100 % or Pumpkin 100 % 1 kg	10	75 cl		
Mousse	Red pepper mousse	Red pepper 100 % or Pumpkin 100 % 1 kg	10 egg yolks	100 cl		
Jelly	Oyster in lemon grass jelly	Lemongrass 500 g			Oysters, powdered jelly, cucumber, chervil	

^{*} cooking in bain-marie at 230°C.



Suggestions

Name	Purees and specialities	Ingredients			
		Semolina / Rice	Water / Oil	Other ingredients	
Mango tabbouleh	Spicy Mango 350 g	Medium-grain wheat semolina 500 g	Water 25 cl Olive oil	Chicken breasts, diced fresh mango, red pepper, mint	

Bring salted water to the boil, add the spicy mango puree. Reheat, add the olive oil, pour over the semolina in the semolina tray, stir to cook evenly, break the semolina up with a fork. Dice the red peppers, chop the mint, cut the mango into small cubes. Steam the chicken breasts and cut into cubes. Mix the different ingredients with the semolina, serve.

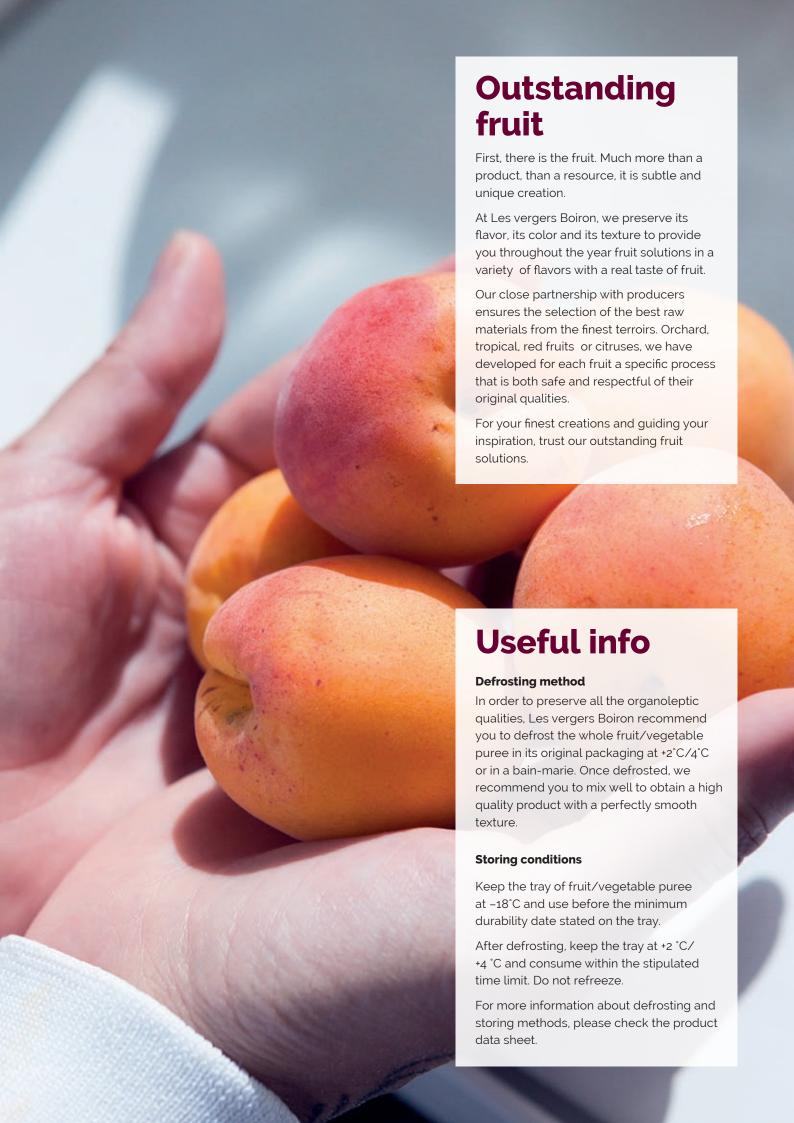
Red pepper risotto Red pepper 10 1 kg	0 % Carnaroli rice	Water	Courgettes, chorizo, red peppers,
	200 g	50 cl	green parts of spring onions

Slice the green parts of the spring onions, peel and dice the red peppers and courgettes, finely chop the chives, chop the chorizo into very small cubes. Fry this mixture in a pan without browning it, add the Carnaroli rice, moisten with red pepper puree and water and simmer for about 25 minutes.

Soups

Sub-families	Name	Purees and specialities	Ingredients		
			Vegetables / Herbs	Water / Stock / Oil	Other ingredients
Cold soup	Carrot and blood orange gazpacho	Blood orange 100 % 400 g	Carrots 1.2 kg Garlic 15 g	Water 10 cl Chicken stock 120 cl	Cumin
Cream soup	Cream of pumpkin soup	Pumpkin 100 % 1 kg	Onions 100 g Leek whites 250 g Chervil		Cream 50 cl
Soup	Chicken soup with coconut milk	Ginger 200 g Coconut 600 g	Onions Basil	Water 150 cl	Chinese noodles 2 pieces of chicken breast
Consommés	Chicken consommé with ginger	Ginger 1 kg	Finely sliced leeks Carrots, courgettes	Chicken stock 200 cl	Chicken breast 750 g
	Turbot consommé with lemongrass	Lemongrass 500 g	Carrot sticks Courgettes, celeriac	Turbot stock 150 cl	Piece of turbot 150 g
	Fish consommé fish with king size prawns and kalamansi	Kalamansi 100 % 500 g	Diced celery and shitake mushrooms	Fish stock 200 cl	30 king size prawns







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