



3 Gallon Dole Whip Recipes:

Kid Friendly Milkshakes

1. Tropical Sunrise Shake

Ingredients:

- 1 cup Pineapple Dole Whip
- ½ cup milk
- ¼ cup Dole CRC Diced Mango, thawed
- 1 Tbsp shredded coconut

Blend until creamy; garnish with a sprinkle of coconut.

2. Strawberry Pineapple Creamsicle

Ingredients:

- 1 cup Pineapple Dole Whip
- ½ cup milk
- ¼ cup Dole CRC Diced Strawberries
- 1 Tbsp orange juice concentrate

Blend until smooth; top with whipped cream and a strawberry slice.

3. Choco-Banana Swirl

Ingredients:

- 1 cup Pineapple Dole Whip
- ½ cup milk
- ¼ cup Dole CRC Sliced Banana
- 1 Tbsp chocolate syrup

Blend; drizzle glass with extra chocolate syrup before pouring in.



Ice Cream Sandwiches:

1. Pineapple Upside-Down Cookie Sandwich

Ingredients:

- Soft brown sugar cookies
- Pineapple Dole Whip
- Small slice of canned pineapple (drained & patted dry)

Directions:

1. Place pineapple slice on one cookie.
2. Fill center with Dole Whip.
3. Top with second cookie; freeze until set.

2. Churro Crunch Sandwich

Ingredients:

- Cinnamon sugar churro cookies (or snickerdoodles)
- Pineapple Dole Whip
- Crushed cinnamon-flavored cereal (e.g., Cinnamon Toast Crunch)

Directions:

1. Spread Dole Whip between two cookies.
2. Roll edges in crushed cereal for extra crunch.

3. Tropical S'mores Sandwich

Ingredients:

- Graham cracker cookies (or honey graham rounds)
- Pineapple Dole Whip
- Mini marshmallows, lightly toasted
- Drizzle of chocolate sauce

Directions:

1. Layer toasted marshmallows over Dole Whip on one cookie.
2. Drizzle with chocolate.
3. Top with second cookie; freeze until firm.