



# Making Life a Sweeter Place

Golden Barrel Products has two locations and is a division of M. Simon Zook Family of Business



## Pancake & Waffle Mix

### Physical Properties:

Appearance: Dry, free-flowing powder free of hard lumps  
Color: Off-white  
Odor: Sweet

### Nutritional Data/100g:

Calories Kcal	330.18
Total Fat, g	1.28
Saturated Fat, g	0
Trans Fat, g	0
Cholesterol, mg	0
Sodium, mg	1657.68
Total Carbohydrate, g	73.69
Dietary Fiber, g	2.16
Total Sugars*, g	12.99
Added Sugars, g	12.99
Other Carbohydrate, g	58.54
Protein, g	0
Calcium mg	342.95
Iron, mg	0.09
Potassium, mg	0.17
Vitamin A, IU	0
Vitamin C, mg	0
Vitamin D, mcg	0
Niacin, mg	0
Thiamine, mg	0
Riboflavin, mg	0

\* "Total Sugars" in this product may contribute to "Added Sugars" for nutrition labeling purposes in the final consumer product

### Packaging and Storage:

Poly bag (2.0 or 5.0 lbs.) in a sewn-sealed paper bag.

### Storage:

Store in a cool, dry climate. Under ambient climate of 70% relative humidity and 70 degrees Fahrenheit

### Ingredient Statement:

Wheat flour, sugar, salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate, corns starch), baking soda, soy flour, whole egg powder, milk protein concentrate

**Contains Egg, Milk, Soy and Wheat**

**Certifications:**  
Kosher Dairy 

### FCC:

Meets specifications

Issue Date: 03/20/25  
Supersedes: 03/21/24

### GRAS:

21 CFR Subchapter B: Food for Human Consumption

### Gluten:

Contains wheat gluten

**Allergens:** Contains soy, egg, milk and wheat

**Country of Origin:** Ingredients are sourced from the United States of America and Canada.

**Prop 65:** Golden Barrel Pancake & Waffle mix contains no Prop 65 restricted chemicals.

**BE Status:** Golden Barrel Pancake & Waffle Mix contains bioengineered food ingredient.

**Vegan Status:** Golden Barrel Pancake & Waffle mix contains milk and egg, and is therefore not suitable for a vegan diet.

### Directions:

- 1.) Combine 1 cup pancake mix,  $\frac{3}{4}$  cup milk, 1 egg (slightly beaten) and  $\frac{1}{2}$  tablespoon melted butter
- 2.) Stir just enough to combine and remove lumps. Do not overmix. Allow batter to rest as you heat skillet or griddle to medium high heat.
- 3.) Pour batter onto griddle. Cook until bubbles form, flip pancake and cook until golden brown.

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