

CHAI MILK SHAKE

INGREDIENTS

- 2 tea bags Numi Golden Chai or Rooibos Chai
- 1 cup ice
- 8 oz. milk of choice or 1 cup vanilla ice cream
- 1 Tbsp. honey
- Whipped cream and cinnamon for garnish

PREPARATION

makes 16 oz. glass

1. Place 2 Numi tea bags in 1 cup (8 oz.) hot water
2. Steep according to brewing instructions
3. Squeeze bags to release full flavor
4. Place all ingredients in blender. Blend until smooth, creamy and even in color.
5. Pour in glass
6. Add whipped cream and cinnamon powder to garnish