



# MONIN ENERGY BOOST FAQs

## Frequently Asked Questions

- **How is Monin Energy Boost different from other energy-boosting products and beverages?**
  - Monin Energy Boost offers a quick, easy way to add energy-boosting natural caffeine and plant extracts to any beverage.
  - Being in liquid form, Monin Energy Boost is simpler to mix into beverages than powders.
  - Monin Energy Boost provides an energy benefit with no added sugar and nothing artificial. Many ready-to-consume energy drinks contain a heavy amount of sugar or artificial flavors.
- **How does Monin Energy Boost work to boost my energy level?**
  - Monin Energy Boost contains a combination of natural caffeine and plant botanicals that have been shown to help increase energy levels, focus and cognitive function.\*
- **What are the active ingredients in Monin Energy Boost?**
  - The active ingredients in Monin Energy Boost are Ginseng, Ashwagandha, Coffeeberry® Whole Coffee Fruit, Guarana and Green Coffee.
- **How much caffeine does Monin Energy Boost provide?**
  - Monin Energy Boost adds approximately 55mg of caffeine per ½ oz. (2 pumps).
- **What beverages should I mix Monin Energy Boost with/into?**
  - Monin Energy Boost mixes well in ANY beverage. From cold beverages such as soft drinks, teas, lemonade, mocktails, and sparkling water, to hot beverages like coffee and lattes.
  - Monin Energy Boost blends especially well with tea-like, citrus and tart fruit flavors.
- **What is the recommended serving size for Monin Energy Boost?**
  - 2 pumps (½ oz.)
- **Can I add more than 2 pumps (½ oz.) of Monin Energy Boost to beverages?**
  - Yes, consider using 4 pumps of Monin Energy Boost as a "double shot."
  - Consuming 8 pumps of Monin Energy Boost provides approximately 220mg of caffeine, slightly more than the caffeine provide by an energy-boost shot such as 5 Hour Energy.
- **Does Monin Energy Boost contain flavor?**
  - There is a pleasant earthy, tea and honey flavor that is noticeable in water, sparkling water, and unsweetened beverages.
  - There is no coffee flavor in Monin Energy Boost.
- **Will adding Monin Energy Boost change the original beverage's flavor?**
  - Monin Energy Boost is designed to blend into beverages, quickly and easily, and won't change the original taste/flavor. When added to unsweetened beverages and water, Monin Energy Boost does add an earthy tea and honey flavor.
- **What gives Monin Energy Boost its color?**
  - Beta-carotene and vegetable juice gives Monin Energy Boost its color.
- **Does Monin Energy Boost have an aroma?**
  - Monin Energy Boost has a subtle, savory, tea-like aroma.
- **Are there any beverages you should not add Monin Energy Boost to?**
  - NO! Monin Energy Boost can be added to ANY beverage!

### Frequently Asked Questions(continued)

- **Will Monin Energy Boost change the original beverage color?**
  - Darker beverages experience virtually no color change while lighter color and clear beverages see a slight honey brown tint change depending on how much Energy Boost is added to the drink.
- **Does Monin Energy Boost make beverages cloudy?**
  - No, it only changes the color for beverages that are clear or lighter in color.
- **What is the base of Monin Energy Boost?**
  - Vegetable glycerin and water.
- **Does Monin Energy Boost contain carbs?**
  - Monin Energy Boost is low in carbs (7g per serving, 3% daily recommended value).
- **Does Monin Energy Boost contain sugar?**
  - Monin Energy Boost contains zero sugar.
- **Will Monin Energy Boost add calories to my drink?**
  - Monin Energy Boost contains approximately 30 calories per ½ oz. serving (2 pumps).
- **Does Monin Energy Boost contain artificial ingredients?**
  - Monin Energy Boost is a clean label product with no artificial ingredients.
- **Is Monin Energy Boost a Vegan product?**
  - Yes.
- **Is Monin Energy Boost Gluten Free?**
  - Yes.
- **Can I take Monin Energy Boost if I'm currently on medication?**
  - As with all supplements, please consult your healthcare professional before taking Monin Energy Boost with medication.
- **Is Monin Energy Boost safe for children?**
  - As with any supplement, we recommend consulting a physician before use. Monin Energy Boost is not recommended for children.
- **What is the shelf life of Monin Energy Boost?**
  - 12 months from manufacture date.
  - 30 days from the time the product is first opened
- **Do you have to shake the Energy Boost bottle before every use?**
  - No, you may notice some sediment after a couple days if the bottle is not agitated. Simply turning the bottle upside-down will once again fully mix the product.
- **Can Monin Energy Boost be mixed with Monin Total Immunity Boost?**
  - Yes. If you do mix these two products into one application, we recommend using the suggested serving sizes (½ oz. of each supplement product).
- **Can Monin Energy Boost be used for frozen beverages or in a beverage "bubbler"?**
  - Yes, Monin Energy Boost mixes well into frozen beverages and can be added to beverages that are kept in a bubbler. If you need batch recipes for using Monin Energy Boost, please contact your Monin sales representative.
- **Why does Monin Energy Boost appear shimmery in the bottle?**
  - Monin energy Boost contains beta-carotene for color, a natural red-orange pigment found in plants and fruits. This ingredient sometimes delivers a shimmery appearance in finished goods.

\*These statements have not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Please visit [moninenergyboost.com](http://moninenergyboost.com) for more information