DON'T EYEBALL THIS ONE

You look mah-velous! Don't screw it up with improperly sized duds. You come in all shapes and sizes and so does our gear. Use our sizing spread to get fitted out and styled up.



Measure around the palm. DO NOT include the thumb area. Use the size chart across the bottom of this page to double check your size choice.



Measure around the smallest part of the wrist.



Measure around the smallest part of the wrist.

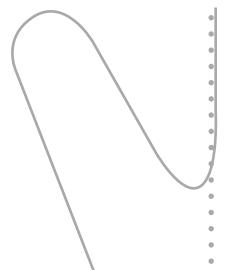


In a relaxed position, measure around the widest area of the forearm just below the elbow. For best fit, an elbow support should sit about 2-3 finger widths below the elbow crease.



Measure around the center of the knee with the knee extended.

| SIZE: | FITS HANDS: | FITS WRISTS: | FITS WRISTS: | FITS ELBOWS: | FITS KNEES: |
|---------|-------------------------|---------------------|----------------|------------------|------------------|
| X-Small | Sz. 6: up to 7"(18 cm) | | | up to 9"(23 cm) | 12-13"(31-33 cm) |
| Small | Sz. 7: 7-8"(18-20 cm) | up to 6"(15 cm) | | 9-10"(23-25 cm) | 13-14"(33-36 cm) |
| Medium | Sz. 8: 8-9"(20-23 cm) | 6-7"(15-18 cm) | | 10-11"(25-28 cm) | 14-15"(36-38 cm) |
| Large | Sz. 9: 9–10"(23-25 cm) | 7-8"(18-20 cm) | | 11-12"(28-30 cm) | 15-16"(38-41 cm) |
| X-Large | Sz.10: 10–11"(25-28 cm) | 8" and over (20 cm) | | 12-13"(30-33 cm) | 16-18"(41-46 cm) |
| 2XLarge | Sz.11: 11–12"(28-30 cm) | | | 13-16"(33-36 cm) | 18-20"(46-51 cm) |
| 3XLarge | Sz.12: 12–13"(30-32 cm) | | | | |
| 4XLarge | | | | | |
| S/M | | | 5-7"(15-19 cm) | | |
| L/XL | | | 7-9"(19-23 cm) | | |
| | | | | | |





WHAT SIZE DO YOU NEED?
Place the index finger OF YOUR RIGHT HAND next to the dotted line as shown. To find your proper size, refer to the closest line to the right side edge of your hand.



Use this "handy" diagram to determine which ProFlex® Glove best fits your mitts.



Align index finger with the dotted line at left for optimum grip and finger control, glove should fit snug.













TREX® TRACTION

Use shoe or boot size to determine the appropriate size. TREX® Traction should fit snugly.



TREX® TRACTION



TREX® TRACTION



TREX® TRACTION



TREX® TRACTION

| | | | | | | | - | | | | _ | | | | _ | | | | |
|---------|-------|-----------|-------|---------------------|-----------|-------|---|-------|-----------|-------|---|-------|-----------|-------|---|-----|-------|-----------|-------|
| | 6325 | | | 6300 // 6300TC 6310 | | | | 6304 | | | | | 6315 | | | | | | |
| SIZE: | USM | UK | EU | USM | UK | EU | | USM | UK | EU | | USM | UK | EU | | | USM | UK | EU |
| Small | | | | | | | | | | | | 5-7 | 4.5-6.5 | 37-40 | | | | | |
| Medium | 5-8 | 4.5-7.5 | 37-41 | 5-8 | 4.5-7.5 | 37-41 | | 5-8 | 4.5-7.5 | 37-41 | | 7-9 | 6.5-8.5 | 40-42 | | M/L | 5-11 | 4.5-10.5 | 37-44 |
| Large | 8-11 | 7.5-10.5 | 41-44 | 8-11 | 7.5-10.5 | 41-44 | | 8-11 | 7.5-10.5 | 41-44 | | 9-11 | 8.5-10.5 | 42-44 | П | | | | |
| X-Large | 11-14 | 10.5-13.5 | 44-47 | 11-15 | 10.5-14.5 | 44-48 | | 11-14 | 10.5-13.5 | 44-47 | | 11-14 | 10.5-13.5 | 44-47 | | XL+ | 11-16 | 10.5-13.5 | 44-47 |
| 2XLarge | | | | 15-18 | 14.5-17.5 | 48-51 | | | | | | | | | | | | | |
| 3XLarge | | | | | | | | | | | | | | П | | | | | |
| | | | | | | | | | | | | | | | | | | | |



PROFLEX®

Measure around the waist. A support should fit snugly, but not so tightly that it cannot be cinched firmly when ready to lift.



N-FERNU" RASE LAYER BOTTOMS

Use standard waist size measurement.



N-FERNO® ASE LAYER SHIRT

Individually sized M, L, XL, 2XL, 3XL and follow standard sizing.



N-FERNU" OUTERWEAR JACKET

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



N-FERNO®

Use standard waist size measurement.

| | | | $\overline{}$ | | | |
|---------|-------------------|-------------------|---------------|--------------------|--------------------|--------------|
| | | | | | | |
| | | | Ш | | | |
| SIZE: | FITS WAISTS: | FITS WAISTS: | | FITS CHEST SIZE: | FITS CHEST SIZE: | FITS WAISTS: |
| X-Small | Up to 25"(64 cm) | | | | | |
| Small | 25-30"(64-76cm) | | | | 34-36"(86-91 cm) | 34"(86 cm) |
| Medium | 30-34"(76-86cm) | 31-34"(79-86cm) | | 38-41"(97-104cm) | 36-38"(91-97 cm) | 37"(94 cm) |
| Large | 34-38"(86-97cm) | 34-37"(86-94cm) | | 41-44" (104-112cm) | 38-42"(97-107 cm) | 40"(102 cm) |
| X-Large | 38-42"(97-107cm) | 37-40"(94-102cm) | | 44-47"(112-119cm) | 42-46"(107-117 cm) | 43"(109 cm) |
| 2XLarge | 42-46"(107-117cm) | 40-44"(102-112cm) | | 47-50"(119-127cm) | 46-50"(117-127 cm) | 47" (119 cm) |
| 3XLarge | 46-52"(117-132cm) | 44-48"(112-122cm) | | 50-53"(127-135cm) | 50-54"(127-137 cm) | 51" (130 cm) |
| 4XLarge | 52-58"(132-147cm) | | | | | |
| | | | | | | |



GLOWEAR®

T-Shirt, Polo Shirt and Sweatshirt are individually sized S, M, L, XL, 2XL, 3XL, 4XL, 5XL and follow standard sizing.



GLOWEAR® HI-VIS VESTS

Vests & Vests w/Sleeves are sold in combined sizes: S/M, L/XL, 2XL/3XL and 4XL/5XL. *Note: 8240HL is available in M/L and XL/2XL only.



GLOWEAR® PANTS

Use standard waist size measurement.



GLOWEAR® PANTS

Use standard waist size measurement.



GLOWEAR

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

| SIZE: | FITS CHEST SIZE: | FITS CHEST SIZE: | FITS WAIST SIZE: | FITS WAIST SIZE: | FITS CHEST SIZE: |
|----------------------|--------------------|---------------------|--------------------|--------------------|--------------------|
| Small | 34-36"(86-91 cm) | | | Up to 30"(76 cm) | 34-36"(86-91 cm) |
| Medium | 36-38"(91-97 cm) | | | 30-34"(76-86 cm) | 36-38"(91-97 cm) |
| Large | 38-42"(97-107 cm) | | | 34-38"(86-97 cm) | 38-42"(97-107 cm) |
| X-Large | 42-46"(107-117 cm) | | | 38-42"(97-107 cm) | 42-46"(107-117 cm) |
| 2XLarge | 46-50"(117-127 cm) | | | 42-46"(107-117 cm) | 46-50"(117-127 cm) |
| 3XLarge | 50-52"(127-132 cm) | | | 46-48"(117-123 cm) | 50-54"(127-137 cm) |
| 4XLarge | 52-54"(132-137 cm) | | | 48-50"(123-127 cm) | 54-58"(137-147 cm) |
| 5XLarge | 54-56"(137-163 cm) | | | 50-54"(127-137 cm) | 58-62"(147-157 cm) |
| S/M | | 36-44"(91-112 cm) | Up to 40" (102 cm) | | |
| M/L (8240HL only) | | 40-48"(102-123 cm)* | | | |
| L/XL | | 44-52"(112-132 cm) | 40-46"(102-117 cm) | | |
| XL/2XL (8240HL only) | | 48-56"(123-142 cm)* | | | |
| 2XL/3XL | | 52-58"(132-147 cm) | 46-52"(117-132 cm) | | |
| 4XL/5XL | | 58-64"(147-163 cm) | 52-58"(132-147 cm) | | |
| | | | | | |

FOR FULL SIZING OF ALL ERGODYNE ITEMS, VISIT ERGODYNE.COM



CHILL-IT5"

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



CHILL-ITS®

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



CHILL-ITS®

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



HILL-ITS® PHASE CHANG

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



ARSENAL®

Choose your synthetic belt size based on your pant waist size.

| | your torso. | your torso. | your torso. | your torso. | |
|---------|--------------------|--------------------|--------------------|--------------------|----------------------|
| | | | | | |
| SIZE: | FITS CHEST SIZE: | FITS CHEST SIZE: | FITS CHEST SIZE: | FITS CHEST SIZE: | FITS WAIST SIZE: |
| X-Small | | | | | |
| Small | | | | 32-40"(81-102 cm) | |
| Medium | 36-38"(91-97 cm) | 36-38"(91-97 cm) | 38-41"(97-104 cm) | 32-40"(81-102 cm) | 28-36"(71-91.5 cm) |
| Large | 38-42"(97-107 cm) | 38-42"(97-107 cm) | 41-44"(104-112 cm) | 40-52"(102-132 cm) | 32-46"(81-117 cm) |
| X-Large | 42-46"(107-117 cm) | 42-46"(107-117 cm) | 44-47"(112-119 cm) | 40-52"(102-132 cm) | 40-54"(101.5-137 cm) |
| 2XLarge | 46-50"(117-127 cm) | 46-50"(117-127 cm) | 47-50"(119-127 cm) | | 46-58"(117-147.5 cm) |
| 3XLarge | | 50-54"(127-137 cm) | 50-53"(127-135 cm) | | |
| 4XLarge | | | 53-56"(135-142 cm) | | |
| | | | | | |

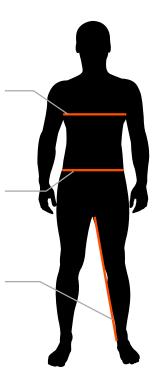
SIZE UP THE SITUATION

Improperly sized gear is a prime cause of heartache and sadness. Remember when you showed up at school wearing high-water pants? Of course that's nothing compared to the crack-tacular combination of too-short shirt and too-loose pants. Don't let these calamities occur. Your gear will be more effective and comfortable if you choose appropriate sizes.

CHEST: Measurement should be taken around the fullest part of the chest with arms down, just under the arms and across the shoulder blades.

WAIST: Measure around waist (not pulling tightly) at the height you prefer to wear the waistband.

INSEAM: Take a pair of pants that fit you well and measure from the crotch to the bottom of the leg.



WE STAND BEHIND EVERY DAMN THING WE MAKE

AND GUARANTEE OUR PRODUCTS WILL BE FREE OF DEFECTS
IN MATERIALS AND WORKMANSHIP TO THE
ORIGINAL PURCHASER FOR THE LIFE OF THE PRODUCT.

(DAMAGE, ABUSE AND/OR NORMAL WEAR AND TEAR ARE NOT COVERED. LET'S LEAVE OUR LAWYERS OUTTA THIS, HUH?)

STEEL-PLATED, ROCK-SOLID, GOOD AS GOLD GUARANTEE.