

USDA Ounce Equivalents of Grain per Serving		
USDA Ounce Equivalents of Meat/Meat Alternate		
Whole Grains (g/serving)		0 g
USDA Bioengineered (BE) Status	Contains a bioengineered food ingredient	

Ingredients:
Ingredients: Milled corn, sugar, malt flavor, contains 2% or less of salt.
Vitamins and Minerals: Iron (ferric phosphate), niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

Nutrient Contents Per 100g			
Calories	362	Vitamin E	0 mg
Total Fat	0.4 g	Vitamin K	NA mcg
Saturated Fat	0.1 g	Thiamin	0.86 mg
Trans Fat	0.0 g	Riboflavin	0.93 mg
Polysaturated Fat	0.2 g	Niacin (NE)	11.4 mg
Monounsaturated Fat	0.1 g	Vitamin B6	1.21 mg
Cholesterol	0 mg	Folate (DFE)	476 mcg
Sodium	719 mg	Folic Acid	285 mcg
Total Carbohydrate	84.7 g	Vitamin B12	1.7 mcg
Dietary Fiber	3.3 g	Biotin	NA mcg
Soluble Fiber	0.0 g	Pantothenic Acid	NA mg
Insoluble Fiber	3.3 g	Phosphorus	101 mg
Total Sugars	10.0 g	Iodine	NA mcg
Added Sugars	9.0 g	Magnesium	40 mg
Sugar Alcohols	0.0 g	Zinc	1.0 mg
Protein	6.1 g	Selenium	NA mcg
Vitamin D	7.1 mcg	Copper	NA mg
Calcium	5.6 mg	Manganese	NA mg
Iron	28.6 mg	Chromium	NA mcg
Potassium	147 mg	Molybdenum	NA mcg
Vitamin A (RAE)	63 mcg	Chloride	NA mg
Vitamin C	0 mg	Choline	NA mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA mg
		Moisture	2.5 %
		Ash	6.3 %
		Whole Grain	0 %

[illegible]

Product information can change at any time.
Always refer to product package for current nutrition and ingredient information.

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