Beef, water, salt, sodium phosphates. breaded with: bleached enriched wheat flour and enriched wheat flour (both enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched bleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), salt, leavening (sodium bicarbonate, sodium aluminum phosphate), soy flour, spices, dried onion, dried garlic, dextrose, spice extractive, oleoresin paprika-annatto. battered with: water, bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified corn starch, yellow corn flour, salt, dried egg whites, soy flour, spices, kosher gelatin, methylcellulose, guar gum, garlic powder, set in vegetable oil.

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