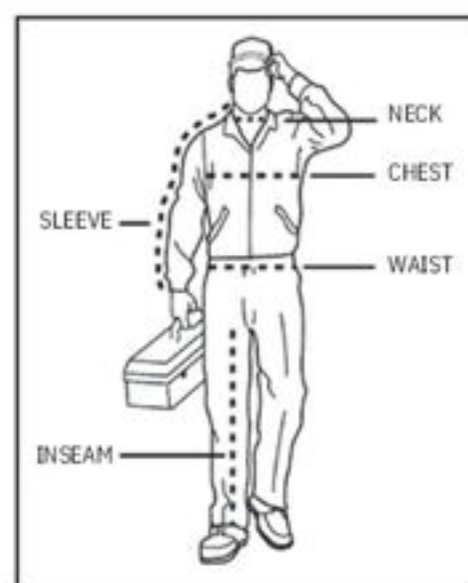


Measuring for Proper Fit

The following guidelines are important in measuring proper fit.

- Give all measurements in inches.
- If the person's measurements are between sizes, order the larger size. For example: a man's neck measures 15¾" you should order size large in a short sleeve shirt or a 16-16½" in a long sleeve shirt.
- For greatest accuracy, have someone take measurements rather than allowing customers to measure themselves.
- The tape measure should be pulled snug, not tight.
- Check the size scale of all garments being ordered to ensure that all measurements were taken at the proper points



MEN'S SHIRTS

- **NECK:** Measurement is the circumference of the neck as illustrated.
- **SLEEVE LENGTH:** Measured by placing one end of the tape at bottom of the collar at the center of the back and marking the distance around the elbow to the bottom of the wrist. It is often helpful to have the arm slightly bent
- **CHEST:** Taken at the fullest part of the chest, keeping the tape under arms and around shoulder blades. Hold tape level and firmly but not tight.

MEN'S TROUSERS, JEANS AND BIB OVERALLS

- **WAIST:** Measurement is taken at the top of the hipbone over shirt (not over pants). Tape should be held snug not tight.
- **INSEAM:** Measurement taken from base of the crotch to top of the shoe or boot. For jeans, add 1".
- It is advisable to ask the person being measured how he or she wears their trousers. Not everyone wears their trousers or jeans the same length or height on their hips.

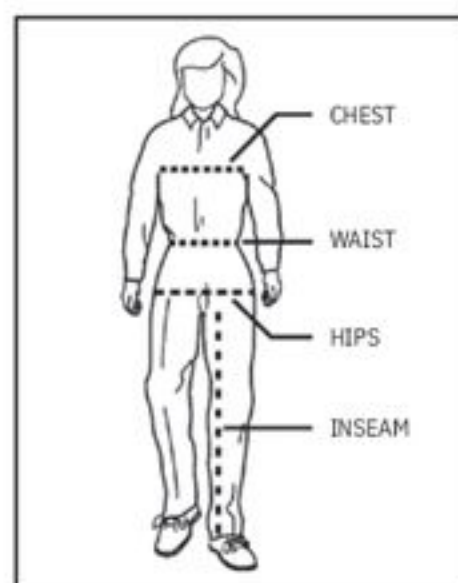
JACKETS

- **CHEST SIZE:** Taken at the fullest point of the chest, keeping tape under arms and around shoulder blades. Measurement should be taken over clothing, preferably over same garment or types of garments to be work with the jacket.
- **SLEEVE LENGTH:** Measure by placing one end of the tape at the bottom of the collar at the center of the back and marking the distance around the elbow to the outer edge of the wrist.

Men's Size Charts

PANTS JEANS, BIB OVERALLS		
Size	Waist	Chest
S/M	34-36	34-40
L/XL	38-40	42-48
2XL/3XL	40-46	50-56
4XL/5XL	48-52	58-64
6XL/7XL	54-60	66-72

SHIRT AND COVERALLS		
Size	Chest	Neck
S	34-36	14-14½
M	38-40	15-15½
L	42-44	16-16½
XL	46-48	17-17½
2XL	50-52	18-18½
3XL	54-56	19-19½
4XL	58-60	20-20½
5XL	62-64	21-21½
6XL	66-68	22-22½
7XL	70-72	23-23½



WOMEN'S WEAR

- **CHEST:** Measurement is taken at the fullest point of the bust. Measure across shoulder blades with arms relaxed down at sides, keeping tape parallel to the floor. Hold tape level and firmly but not tight.
- **WAIST:** Measurement is taken around the natural waistline. Keep the measuring tape comfortably loose.
- **HIP:** Measurement is taken by standing with heels together. Keep tape straight and parallel to the floor, measure around the fullest part.

Women's Size Charts *Based on Body Measurements

STRAIGHT PANT SIZES		
Size	Waist	Hips
4	27.5	36.5
6	28.5	37.5
8	29.5	38.5
10	30.5	39.5
12	32	41
14	33.5	42.5
16	35	44
18	37	46

CURVY PANT SIZES		
Size	Waist	Hips
4	26	37.25
6	27	38.25
8	28	39.25
10	29	40.25
12	30.5	41.75
14	32	43.25
16	33.5	44.75
18	33.5	46.75

SHIRT SIZES	
Size	Chest
XS	33.5
S	35.5
M	37.5
L	40.5
XL	44
2XL	48

Plus Size Charts *Based on Body Measurements

SHIRT SIZES	
Size	Chest
1X	47
2X	51
3X	55

PLUS PANT SIZES		
Size	Waist	Hips
16W	36	46
18W	38	48
20W	40	50
22W	42	52
24W	44	54