# South African Rooibos (Loose Leaf)



# **Description:**

South African Rooibos (Loose Leaf) is a red tea that is harvested from high-grown shrubs in the Cape Province of South Africa. The herb is naturally caffeine-free, and is thought to have an abundance of antioxidants and minerals. Rooibos is also considered the "sister" to honeybush.

#### Taste:

Davidson's South African Rooibos (Loose Leaf) is a robust, earthy brew with sweet top notes.

# Origin:



Davidson's sources its organic rooibos from South Africa. During a recent trip to visit our rooibos farmer, Davidson's co-owner, Kunall Patel, had the opportunity to experience each phase in the rooibos production process. Here he is assisting the small farmers in packing the rooibos in sacks.

# Ingredients:

Organic South African rooibos.

# Brewing:

- 1. Bring fresh, filtered water to a boil.
- 2. Add 2 grams of tea to a infuser, or straight into an 8-oz. mug.
- 3. Pour the heated water into the mug.
- 4. Steep for 5-7 minutes.
- 5. Strain tea leaves, or take out the infuser.
- 6. Sip and enjoy Davidson's organic tea.