

## Guayusa Energy (Loose Leaf)



### Description:

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Guayusa Energy (Loose Leaf) offers balanced, lasting rejuvenation, comparable to coffee without the buzz, jitters or crash.

### Taste:

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Davidson's Guayusa Energy (Loose Leaf) offers a robust, earthy flavor profile, characteristic of the South American herb.

### Origin:



For thousands of years, indigenous people of the Amazon region have brewed Guayusa tea, and some call it the "night watchman" because it keeps them awake and alert when they hunt after dark.

### Ingredients:

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Organic guayusa.

### Brewing:

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1. Bring fresh, filtered water to a boil.
2. Add 2 grams of tea to a infuser, or straight into an 8-oz. mug.
3. Pour the heated water into the mug.
4. Steep for 5-7 minutes.
5. Strain tea leaves, or take out the infuser.
6. Sip and enjoy Davidson's organic tea.

