





## **INGREDIENTS:**

Water, Non-GMO Soy Proteins, Palm Olein, Tickeners (Modified Tapioca Starch, Potato Starch), Modified Vegetable gum, Wheat (gluten and fiber), Salt, Seasonings (Pepper, Onion, Garlic), Natural Flavors, Sugar, and Vinegar. Breading [Water, Wheat Flour, Thickeners (Potato Starch, Onion, Pepper, Chili, Paprika), Salt, and Sugar].

**CONTAINS: Soy, Wheat** Manufactured in a facility that processes products that may contain milk.

## HOW TO COOK:

Deep Fryer Place frozen tenders in the fryer evenly Fry at 360° - 365° F for 2 - 3 mins Serve hot

Preheat oven to 425° F Place frozen tenders on a baking tray. Bake for 10 minutes, then flip Bake for another 5 minutes Serve hot

BRAND	unMEAT
PRODUCT NAME	Frozen, unMEAT-Free Tenders
PACK CONFIGURATION	2.5 lbs
CASE CONFIGURATION	4 packs
CASE PACK UPC	107-48485-78057-0
ITEM BARCODE	8057



Nutrition Facts		
about 10 servings per container	2 222 (1114)	
Serving size	3 pcs (114g)	
Amount per serving		
Calories	230	
0	%Daily Value	
Total Fat 13 g	17%	
Saturated Fat 6 g	30%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 430 mg	19%	
Total Carbohydrate 17 g	6%	
Dietary Fiber 8 g	29%	
Total Sugars 3 g		
Includes 1 g Added Sugars	2%	
Protein 13 g		
Vitamin D 0 mcg	0%	
Calcium 158 mg	10%	
Iron 2 mg	10%	
Potassium 194 mg	4%	
* The % Daily Value (DV) tells you how much a nu food contributes to a daily diet. 2,000 calories a danutrition advise.		

