

Nutrition Facts

Serving Size 1 Sandwich (110g)

1 Servings Per Container

Amount Per Serving

Calories

310

		Daily Value % *
Total Fat	16g	21%
Saturated Fat	5g	
Trans Fat	0g	
Cholesterol	130mg	43%
Sodium	580mg	25%
Total Carbohydrate	30g	11%
Dietary Fiber	2g	7%
Total Sugars	5g	
Includes 4g Added Sugars		8%
Protein	12g	23%
Vitamin D	1mcg	4%
Calcium	130mg	10%
Iron	2mg	15%
Potassium	240mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

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Croissant: enriched bleached wheat flour (contains bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), water, hydrated palm/soy shortening [palm oil, soybean oil, water, mono and diglycerides and sodium benzoate (preservative)], sugar, yeast, contains 2% or less of: soy fiber, natural and artificial butter type flavor (maltodextrin, sugar, natural and artificial flavor, medium chain triglycerides, soy lecithin), whole eggs, salt, sweet whey (milk), mono and diglycerides, calcium propionate (preservative), potassium sorbate (preservative). fully cooked egg patty: whole eggs, nonfat milk, egg yolk, soybean oil, modified corn starch, potassium sorbate (preservative), salt, xanthan gum, natural and artificial butter flavor (soybean oil, butter, lipolyzed butter oil, and natural and artificial flavors), nisin preparation (preservative), citric acid. fully cooked sliced smoked ham, water added, smoke flavoring added: cured with: water, contains 2% or less: modified food starch, salt, sugar, sodium lactate, potassium lactate, sodium phosphate, sodium diacetate, smoke flavoring, dextrose, sodium erythorbate, sodium nitrite, flavorings. pasteurized process cheddar cheese: cultured milk, water, cream, sodium phosphates, salt, sorbic acid (preservative), vegetable color (annatto and paprika extract), enzymes.