

Nutrition Facts (Prepared)

1 Servings Per Container

Serving Size 1 oz

Amount Per Serving

Calories 48.14

	% Daily Value*
Total Fat 4.89 g	7.52%
Saturated Fat 0.03 g	0.13%
Trans Fat 0.00 g	
Cholesterol 0.00 mg	0.00%
Sodium 221.38 mg	9.22%
Total Carbohydrate 11.62 g	3.87%
Dietary Fiber 0.06 g	0.25%
Sugar 8.92 g	0%
Added Sugar 5.58 g	0%
Protein 0.41 g	0.81%
Vitamin D 0 µg	0%
Potassium 98.68 mg	0.84%
Calcium 8.43 mg	0.84%
Iron 0.33 mg	1.84%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.