

SUNFLOWER KERNELS –ROASTED - UNSALTED

Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	170
% Daily Value *	
Total Fat 15g	19%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.2mg	6%
Potassium 140mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: SUNFLOWER KERNELS ROASTED IN PEANUT AND/OR COTTONSEED AND/OR SUNFLOWER SEED AND/OR CANOLA OIL.

PRODUCT IS MADE ON THE SAME EQUIPMENT AND MAY CONTAIN TRACES OF MILK, SOY, WHEAT, PEANUTS, TREE NUTS, AND SESAME.

SUNFLOWER KERNELS FROM USA, ARGENTINA, AND BULGARIA.

PACKAGED IN USA