SpringGlen Fresh Foods Lancaster County

SG BAKED CHICKEN PIE 7.25LB

Number of Servings: 14.61 (226.8 g per serving)
Weight: 3420.09 g (Yield: 3313.6 g)

Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container 14.5

Amount Per Serving	
Calories 280	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 890mg	37%
Total Carbohydrate 24g	8%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 16g	

Vitamin A 60% • Vitamin C 25%
Calcium 6% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

Water, Cooked White Meat Chicken, Pie Topper (enriched wheat flour [wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], palm oil, water, sugar, salt), Carrots, Sweet Peas, Cooked Potatoes, Onions, Modified Corn Starch, Butter (pasteurized cream, salt), Chicken Base (chicken meat, salt, monosodium glutamate, sugar, maltodextrin (from corn), chicken fat, onion powder, modified corn starch, turmeric, natural flavor, oleoresin paprika), Nonfat Dry Milk (nonfat dry milk, vitamin A & vitamin D3), Wheat Flour, Gelatin, Salt, Garlic Powder, White Pepper.

Allergens:

Contains Milk, Wheat.