

NUTRITION FACTS

1 Serving Per Container

Serving size

1 Bag (42g)

Amount per serving

Calories

160

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 420mg 18%

Total Carbohydrate 34g 12%

Dietary Fiber 1g 4%

Total Sugars <1g

Includes <1g Added Sugars 2%

Protein 4g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1.9mg 10%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA MALT SYRUP (TAPIOCA SYRUP, MALT EXTRACT), CANOLA OIL, SALT, YEAST, SODA. CONTAINS: WHEAT