

Nutrition Facts

Serving size 1 oz (28g/about 3 Pretzels)

Amount per serving

Calories

110

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 1g

Cholesterol 0mg **0%**

Sodium 230mg **10%**

Total Carbohydrate 22g **8%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 3g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 1.3mg **8%**

Potassium 40mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oils (Canola, Palm, Soy, and/or Sunflower), Salt, Dehydrated Potatoes, Wheat Gluten, Oat Fiber, Yeast, Soda.

CONTAINS: WHEAT