

SMARTFOOD FLAVORED POPCORN - WHITE CHEDDAR



Contains 14 grams of Whole Grains per serving

GLUTEN
FREE

Notes

- Product formulation, packaging and promotions may change. For current information, refer to packaging on store shelves. Information may also differ from package labels because of the limited space on some packages.
- Visit contact.pepsico.com for more information.

Nutrition Facts

Serving Size
About 2 1/2 cups (28g)

	per serving		per cup	
Calories	160		70	
	% DV*		% DV*	
Total Fat	10g	13%	4g	5%
Saturated Fat	2g	9%	0.5g	4%
Trans Fat	0g		0g	
Cholesterol	<5mg	1%	0mg	0%
Sodium	200mg	9%	80mg	4%
Total Carb.	15g	5%	6g	2%
Dietary Fiber	2g	6%	<1g	2%
Total Sugars	2g		<1g	
Protein	3g		1g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	40mg	2%	10mg	0%
Iron	0.3mg	0%	0.1mg	0%
Potassium	100mg	2%	40mg	0%

Not a significant source of added sugars.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Popcorn, vegetable oil (corn, canola, and/or sunflower oil), natural flavors, whey, maltodextrin (made from corn), buttermilk, cheddar cheese (milk, cheese cultures, salt, enzymes), and salt.

CONTAINS MILK INGREDIENTS.

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Last updated on August 26, 2025.