

Nutrition Facts

(Unprepared)

Serving Size **28 g**

Amount Per Serving

Calories **82**

% Daily Value*

Total Fat 8 g 13%

Saturated Fat 0.055 g 3%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 63 mg 2.5%

Total Carbohydrate 3.2 g 1%

Dietary Fiber 1.6 g 6.5%

Sugar 1 g

Protein 1 g

Calcium 1.5%

Iron 2%

Vitamin A 5%

Vitamin C 3.2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Artichokes, Canola Oil, Garlic, Balsamic
Vinegar, Oregano.