

Nutrition Facts Servings: 4 **Serv. size: 1 bun (75g),**

Amount per serving: **Calories 190**, **Total Fat** 2g (3% DV), Sat. Fat 0g (0% DV), *Trans Fat* 0g, **Cholest.** 0mg (0% DV), **Sodium** 260mg (11% DV), **Total Carb.** 41g (15% DV), Dietary Fiber 4g (14% DV), Total Sugars 3g (Incl. 3g Added Sugars, 6% DV), **Protein** 2g, Vit. D 4.1mcg (20% DV), Calcium 10mg (0% DV), Iron 0.8mg (4% DV), Potas. 70mg (2% DV).

INGREDIENTS: Water, Corn starch, Sourdough (rice flour, water), Millet flour, Rice flour, Rice starch, Rice syrup, Psyllium seed husk, Modified cellulose, Sunflower oil, Navy bean powder, Yeast, Salt, Corn flour, Mono- and diglycerides of fatty acids. **May Contain:** Sesame, Soy. Manufactured by Dr. Schar USA, Inc. 305 Heron Drive Swedesboro, NJ 08085.