

Nutrition & Allergens



Serving Size 28g
Calories 110

Amount / Serving	%DV	Amount / Serving	%DV
Total Fat 7g	9%	Total Carbohydrate 0g	0%
Saturated Fat 4.5g	23%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholesterol 25mg	8%	Protein 10g	
Sodium 220mg	10%	Calcium 332mg	25%
Potassium 21mg	0%	Iron 0mg	0%

*Percent Daily Values are based on a 2,000 calorie diet.

Allergens: Contains milk

Ingredients



Parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes).

Shredded, grated & shaved bags also contain potato starch and corn starch (to prevent caking).