

Nutrition



Serving Size 1 roll (75g) / Amount Per Serving (DV are based on a 2,000 calorie diet):

Calories	200
Total Fat	3.5g (4% DV)
Saturated Fat	0g (0% DV)
Trans Fat	0g
Cholesterol	0mg (0% DV)
Sodium	290mg (13% DV)
Total Carbohydrate	38g (14% DV)
Fiber	6g (21% DV)
Total Sugar	3g
Includes Added Sugar	3g (6% DV)
Protein	3g
Vitamin D	0mcg (0% DV)
Calcium	10mg (0% DV)
Iron	1.1mg (6% DV)
Potassium	90mg (2% DV)

Weight: 150 g

Weight per piece: 150 g

For the most complete and up-to-date list of ingredients and nutritional information, please refer to the product packaging.

Ingredients



corn starch, water, sourdough (rice flour, water), rice flour, psyllium seed husk (vegetable fiber), high oleic sunflower oil, soy protein, modified cellulose, rice starch, corn germ, apple cider vinegar, yeast, rice syrup, bamboo fiber, iodized salt (salt, potassium iodide). Contains: Soy. May Contain: Lupine and sesame.