

Nutrition Facts

1 serving

Serving size 1 sandwich (156g)

Amount per serving

Calories 420

% Daily Value*

Total Fat 24g 31%

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 120mg 40%

Sodium 760mg 33%

Total Carbohydrate 33g 12%

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 18g

Vitamin D 0mcg 0%

Calcium 147mg 10%

Iron 2mg 10%

Potassium 162mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Multigrain Bagel (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Extract of Malted Barley and Corn, Brown Sugar, Contains 2% or Less of Each of the Following: Vital Wheat Gluten, Flaxseeds, Millet, Quinoa, Sea Salt, Yeast, Raisin Juice Concentrate, Malt Powder Blend (Malted Barley, Wheat Flour, Dextrose), Malted Barley Flour, Molasses Powder Blend (Molasses, Wheat Starch), Honey Powder Blend (Honey, Maltodextrin), Soybean Oil, Hydrolyzed Wheat Gluten, Natural Flavor, Ascorbic Acid, Enzymes, Calcium Sulfate), Cage Free Egg Patty (Egg Whites, Egg Yolks, Modified Food Starch, Xanthan Gum Citric Acid), Fully Cooked All Natural Pork Sausage Patty (Pork, Water, Salt, Spices, Dextrose, Sugar), Processed Cheddar Cheese (Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid (Preservatives), Vegetable Color (Annatto and Paprika Extract), Enzymes).

CONTAINS:

Egg, Milk, Soy, Wheat

Contains a Bioengineered Food