

Nutrition Facts

Per 159g

Amount	% Daily Value
Calories 184	
Fat 5g	8%
Saturated 1g + Trans 0g	4%
Cholesterol 83mg	28%
Sodium 107mg	4%
Carbohydrates	0%
Fiber 0g	0%
Sugar 0g	
Protein 32g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	7%

Source: Nutritiondata.com