

Nutrition Label

Salad Seasoning

Nutrition Facts

Serving Size 1 oz (28g)

Servings Per Container 12

Amount Per Serving

Calories 90

Calories from Fat 60

% Daily Value*

Total Fat 6g

10%

Saturated Fat 1g

4%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 3850mg

160%

Total Carbohydrate 7g

2%

Dietary Fiber 3g

14%

Sugars 0g

Protein 3g

Vitamin A 25%

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Vitamin C 0%

Calcium 20%

•

Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories

2,000

2,500

Total Fat

Less than

65 g

80 g

Sat Fat

Less than

20 g

25 g

Cholesterol

Less than

300 mg

300 mg

Sodium

Less than

2,400 mg

2,400 mg

Total Carbohydrate

300 g

375 g

Dietary Fiber

25 g

30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Salt, Sesame Seeds, Poppy Seeds, Paprika, Black Pepper, Garlic, Cayenne Pepper & Red Crushed