



Rumford Double Acting Baking Powder

<u>Nutrients</u>	<u>Per Serving</u>	<u>Per 100g</u>	<u>Nutrients</u>	<u>Per Serving</u>	<u>Per 100g</u>
Basic Components			Vitamin D - IU (IU)	0	0
Calories (kcal)	0.87	145.64	Vitamin D - mcg (mcg)	0	0
Calories from SatFat (kcal)	0	0	Vitamin E - Alpha-Toco (mg)	0	0
Protein (g)	0	0.08	Folic Acid (mcg)	--	--
Carbohydrates (g)	0.22	36.31	Folate, DFE (mcg DFE)	0	0
Dietary Fiber (2016) (g)	0	0	Vitamin K (mcg)	0	0
Soluble Fiber (2016) (g)	0	0	Pantothenic Acid (mg)	0	0
Insoluble Fiber (2016) (g)	0	0	<u>Minerals</u>		
Total Sugars (g)	0	0.04	Calcium (mg)	28.81	4802.19
Added Sugar (g)	0	0	Chloride (mg)	0.03	4.45
Fat (g)	0	0.04	Chromium (mcg)	0	0
Saturated Fat (g)	0	0	Copper (mg)	0	0
Mono Fat (g)	0	0	Fluoride (mg)	0	0
Poly Fat (g)	0	0	Iodine (mcg)	0	0
Trans Fatty Acid (g)	0	0	Iron (mg)	0.04	7.35
Cholesterol (mg)	0	0	Magnesium (mg)	0.01	1.46
<u>Vitamins</u>			Manganese (mg)	0	0
Vitamin A - RAE (mcg)	0	0	Molybdenum (mcg)	0	0
Beta-Carotene (mcg)	0	0	Phosphorus (mg)	41.57	6928.63
Vitamin B1 (mg)	0	0	Potassium (mg)	0.92	152.50
Vitamin B2 (mg)	0	0	Selenium (mcg)	0	0
Vitamin B3 - Niacin Equiv (mg)	0	0	Sodium (mg)	49.13	8187.66
Vitamin B6 (mg)	0	0	Zinc (mg)	0	0
Vitamin B12 (mcg)	0	0	<u>Other Nutrients</u>		
Biotin (mcg)	0	0	Sugar Alcohol (g)	--	--
Vitamin C (mg)	0	0	Choline (mg)	0	0

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