

Nutrition Information

Serving Size 5 crackers (16g)	
Amount Per Serving	%DV
Calories 80	Calories from Fat 0
Total Fat 4.5	7.0%
Saturated Fat 1g	3.0%
Trans Fat 0	0.0%
Cholestrol 0mg	0.0%
Sodium 105	4.0%
Potassium 15mg	0.0%
Total Carbs 10g	3.0%
Dietary Fiber 0	0.0%
Sugars 1g	3.0%
Protein 1g	3.0%
VitaminC 0.0% • Calcium 2.0% • Iron 4.0%	

Calories		
80		
Serving Size		
5 crackers (16g)		
Sat fat (g)	Sugar (g)	Sodium (mg)
1	1	105

Ingredients

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID) , VEGETABLE OIL (SOYBEAN AND/OR CANOLA AND/OR PALM AND/OR PARTIALLY HYDROGENATED COTTONSEED OIL) , SUGAR , SALT , LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE) , HIGH FRUCTOSE CORN SYRUP , SOY LECITHIN , MALTED BARLEY FLOUR , NATURAL FLAVOR .

Allergens

Soybeans and their derivatives, Wheat and its derivatives, Cereals containing gluten and their derivatives.