

Regal Foods  
Nutrition Label  
Regal Hot Italian Seasoning

1:19 PM 2/21/2023  
Page 1 of 1

Nutrition Facts	
30 servings per container	
Serving size	1 tsp (6g)
Amount per serving	
Calories	5
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 1g	0%
Dietary Fiber 1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.1mg	6%
Potassium 30mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Granulated Garlic, Basil,  
Oregano, Parsley, Thyme, Fine Sea Salt,  
Ground Rosemary