

Regal Foods

Nutrition Label

Regal Blackened Seasoning

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Nutrition Facts	
192 servings per container	
Serving size	1/4 tsp (1.5g)
Amount per serving	
Calories	0
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	2%
Potassium 10mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Paprika, Granulated Garlic, Granulated Onion, Black Pepper, Salt, Cayenne Pepper, Ground Thyme, Smoked Paprika, Salt Powder