

Regal Foods
Nutrition Label
Regal Big Flavor Bbq Seasoning

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Nutrition Facts	
Serving size	1/4 tsp (7g)
Amount per serving	
Calories	20
% Daily Value *	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 2.1mg	10%
Potassium 20mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: Celery Ground, Paprika, Salt, Black Pepper, Sugar, Garlic Powder, Onion Powder, Cayenne Pepper