Nutrition F Serving size	acts (42.5g)
Amount Per Serving Calories	200
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Sodium 530mg	23%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **INGREDIENTS:**

Enriched Wheat Flour (Wheat Flour, Niacin Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Vegetable Oil, (May Contain One Or More Of The Following: Corn, Canola, Soybean), Artificial Butter Flavor, Corn Syrup, Yeats; Flavoring (Maltodextrin, Buttermilk, Salt, Dried Garlic, Monosodium Glutamate, Spices, Dried Onion, Lactic Acid, Calcium Lactate, Citric Acid, Contains Less Than 1% Of The Following: Calcium Stearate, Artificial Flavor, Xanthan Gum, Carboxymethylcellulose Gum, Guar Gum, Natural Flavor)

Contains: Wheat, Milk