

Nutrition Facts	
Serving size	(28g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 250mg	11%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.08mg	6%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

ENRITCHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, SOYBEAN), GRANULATED SUGAR, BROWN SUGAR, HONEY, SALT, LESS THAN 2% OF YEAST, SALD MUSTARD POWDER (SALAD MUSTARD [DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC] MALTODEXTRIN, MODIFIED CORN STARCH, NATURAL FLAVOR), MALTODEXTRIN, MUSTARD, GARLIC POWDER, TURMERIC, SPICES, ONION POWDER, NATURAL FLAVOR, SILCON DIOXIDE, WHEY, VINEGAR, CIRTIC ACID, MALIC ACID, EXPELLER PRESSED SUNFLOWER OIL, GUM ARABIC, EXTRACTIVES OF PAPRIKA, MUSTARD OIL.

CONTAINS WHEAT, MILK