

Nutrition Facts

6 servings per container

Serving size 1 Bagel Hole (47g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 180mg 8%

Total Carbohydrate 18g 7%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 4g 8%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

FLOUR, WATER, CREAM CHEESE
(PASTEURIZED MILK AND CREAM, WHEY
PROTEIN CONCENTRATE, SALT, CAROB BEAN
GUM, XANTHAN GUM, CHEESE CULTURE),
CAGE FREE EGG WHITES, PURE SUGAR CANE,
KOSHER SALT, YEAST (SORBITAN
MONOSTEARATE).

CONTAINS: EGGS, WHEAT.