Nutrition Facts Serving size 2 Pastries (96g)	
Amount Per Serving Calories	400
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 3g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 68g	25%
Dietary Fiber 1g	4%
Total Sugars 30g	
Includes 29g Added Sugars	58%
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.44mg	8%
Potassium 0mg	0%
Thiamin	4%
Riboflavin	10%
Niacin	10%
Folate 40mcg DFE	10%
(25mcg folic acid)	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, soybean and palm oil (with TBHQ for freshness), corn syrup, dextrose, high fructose corn syrup, bleached wheat flour.

Contains 2% or less of molasses, salt, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), cinnamon, wheat starch, gelatin, caramel color, soy lecithin.

CONTAINS: WHEAT AND SOY.