

Nutrition Facts	
Serving size	2 Pastries (96g)
Amount Per Serving	
Calories	370
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 70g	25%
Dietary Fiber 1g	4%
Total Sugars 30g	
Includes 29g Added Sugars	58%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.44mg	8%
Potassium 0mg	0%
Thiamin	4%
Riboflavin	10%
Niacin	10%
Folate 40mcg DFE (25mcg folic acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), **corn syrup, high fructose corn syrup, dextrose, soybean and palm oil** (with TBHQ for freshness), **sugar, bleached wheat flour. Contains 2% or less of** wheat starch, salt, dried blueberries, dried grapes, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), dried apples, citric acid, modified wheat starch, gelatin, yellow corn flour, natural and artificial flavor, xanthan gum, soy lecithin, caramel color, cornstarch, turmeric extract color, red 40, blue 2, blue 1, color added.

CONTAINS: WHEAT AND SOY.