

Nutrition Facts

Serving Size 1 Packet (100g)

Servings per container 4

Amount per serving

Calories

50

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 25mg **1%**

Total Carbohydrates 4g **1%**

Dietary Fiber 1g **4%**

Total Sugars 3g

Protein 1g **2%**

VITAMIN D 0mcg 0%

CALCIUM 20mg 2%

IRON 0mg 0%

POTASSIUM 190mg 6%

MAGNESIUM 20mg 5%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Organic Coconut Puree