

Panko Bread Crumbs Nutritional Information

Nutrition Facts	
Serving Size 100g	
Servings Per Container: 303	
Amount Per Serving	
Calories 346	Calories from Fat 9
% Daily Value*	
Total Fat 1g	0%
Saturated Fat 0.27g	0%
Trans Fat 0g	
Cholesterol 0mg	35%
Sodium 496mg	24%
Total Carbohydrate 73g	6%
Dietary Fiber 2g	4%
Sugars 2g	
Protein 12g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WHEAT FLOUR, SUGAR, SALT, YEAST, ASCORBIC ACID (ADDED AS A DOUGH CONDITIONER).

CONTAINS: WHEAT.