

Painterland Sisters Organic Wilder Raspberry Icelandic Style Skyr Yogurt

Ingredients

Ingredients: Organic Skyr Yogurt (Pasteurized Organic Whole Milk, Live Active Cultures), Organic Raspberry Puree (Organic Cane Sugar, Organic Raspberries, Organic Corn Starch, Organic Flavors, Organic Guar Gum, Organic Lemon Juice, Sodium Citrate), Lactase Enzyme., L. Bulgaricus, S. Thermophilus, Bifidobacterium.

Nutrition Facts	
1 servings per container	
Serving size	5.3 OZ 150 Gram
Amount per serving	
Calories	160
% Daily Value*	
Cholesterol 25mg	8%
Sodium 50mg	2%
Total Carbohydrate 10g	4%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 7g Added Sugars	14%
Protein 16g	
Iron 0.1mg	0%
Calcium 170mg	15%
Potassium 120mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	