Nutrition F	aata
Nutrition F	acts
1 servings per container	
Serving size	1 Pack
Amount Per Serving	
Calories	220
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 18g Added Sugars	36%
Protein 1g	2%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.9mg	10%
Potassium 60mg	2%
*The % Daily Value (DV) tells you how much	a nutrient in a

INGREDIENTS:

UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, PALM OIL, SOYBEAN AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, CHOCOLATE, ARTIFICIAL FLAVOR.

serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.

CONTAINS: WHEAT, SOY.