

Nutrition Facts

Serving size (100g)

Amount Per Serving

Calories **370**

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 79g **29%**

Dietary Fiber 11g **39%**

Total Sugars 64g

Includes 0g Added Sugars **0%**

Protein 7g **14%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.