

Nutrition Facts



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182 servings per container

Serving size 3.5 oz (100g)

Amount Per Serving

Calories 35

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 4g 14%

Total Sugars 4g

Includes 0g Added Sugars 0%

Sugar Alcohol 0g

Protein 1g 2%

Vitamin D 0mcg 0%

Calcium 24.4mg 2%

Iron 0.5mg 2%

Potassium 136mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.