

Multi-Column

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin B3 - Niacin Equiv (mg)	0.56	0.56
Calories (kcal)	257.69	257.69	Vitamin B6 (mg)	--	--
Kilojoules (kJ)	1078.17	1078.17	Folate (mcg)	--	--
Calories from Fat (kcal)	1.08	1.08	Vitamin B12 (mcg)	--	--
Calories from SatFat (kcal)	0.36	0.36	Biotin (mcg)	--	--
Calories from TransFat (kcal)	0.18	0.18	Pantothenic Acid (mg)	--	--
Fat (g)	0.12	0.12	Minerals		
Saturated Fat (g)	0.04	0.04	Sodium (mg)	8.16	8.16
Trans Fatty Acid (g)	0.02	0.02	Potassium (mg)	134.56	134.56
Poly Fat (g)	0.06	0.06	Calcium (mg)	12.50	12.50
Mono Fat (g)	0.02	0.02	Iron (mg)	0.13	0.13
Cholesterol (mg)	2.00	2.00	Phosphorus (mg)	--	--
Carbohydrates (g)	2.73	2.73	Iodine (mcg)	5.00	5.00
Dietary Fiber (g)	0.05	0.05	Magnesium (mg)	13.05	13.05
Soluble Fiber (g)	--	--	Zinc (mg)	0.65	0.65
Insoluble Fiber (g)	--	--	Selenium (mcg)	--	--
Total Sugars (g)	1.40	1.40	Copper (mg)	0.02	0.02
Starch (g)	--	--	Manganese (mg)	0.20	0.20
Protein (g)	0.05	0.05	Chromium (mcg)	2.00	2.00
Vitamins			Molybdenum (mcg)	--	--
Vitamin A - RE (RE)	--	--	Chloride (mg)	--	--
Vitamin C (mg)	0.05	0.05	Poly Fats		
Vitamin D - mcg (mcg)	--	--	Omega 3 Fatty Acid (g)	0.02	0.02
Vitamin E - mg (mg)	--	--	Omega 6 Fatty Acid (g)	0.05	0.05
Vitamin K (mcg)	--	--	Other Nutrients		
Vitamin B1 (mg)	0.01	0.01	Sugar Alcohol (g)	--	--
Vitamin B2 (mg)	0.11	0.11			