

Nutrition Facts

8 servings per container

Serving size: ~1 oz (~28g)

(makes ~8 fl oz of beverage)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 1g **5%**

Sodium 230mg **10%**

Total Carbohydrate 8g **3%**

Dietary Fiber 6g **21%**

Total Sugars 5g

Includes 4g Added Sugars **8%**

Protein 4g

Calcium 50mg 4% • Iron 0mg 0%

Potassium 150mg 4%

Not a significant source of Trans Fat,
Cholesterol, & vitamin D

*The % Daily Value (DV) tells you how much a
nutrient in a serving of food contributes to a
daily diet. 2,000 calories a day is used for
general nutrition advice.

Ingredients: Almonds, Granulated Maple, Himalayan Salt.